

# TROTTERS TRAIL RUNS/WALKS/MTB - 2018

For all trail runs/walks, participants are totally responsible for their own welfare. This means carrying sufficient fluids, food and safety gear, including maps and directions where available, and making wise decisions when risks are encountered. A list of recommended gear can be found [here](#).

Some courses, or alternative nearby routes, are suitable for mountain bike (MTB) riding, however, where bus travel is required, the MTB alternative will depend on a suitable way being found to transport the bikes.

For trail runs/walks involving bus travel, money must be paid two weeks before run. If insufficient runners have paid by that date, the run will be cancelled.

A/C NAME: TERRIGAL TROTTERS    BSB: 633000    A/C NO: 144881372    REF: 'SURNAME'RUN

---

**Tuesday, 26 December 2017**

**McPherson State Forest (34km/15km) [MTB-suitable]**

Self-drive/carpool to Mangrove Mt (end of bitumen at northern end on Waratah Road)

Run starts 6:30am

Runners finish 9:00am to 11:00am

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#)

**Sunday, 14 January 2018**

**Killcare Loops (8km/20km/28km/31km) [possible MTB routes]**

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#)

Self-drive/carpool to Hardy's Bay Wharf (at bottom of Killcare Rd hill).

Run starts 6:00am

Runners finish 8:00am to 12:30am

**Sunday, 28 January 2018**

**Brisbane Water Bush Bash (35km/48km) [possible MTB routes]**

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#) (large file)

Self-drive/carpool to Gosford Boat Ramp (adjacent to the café).

Car shuttle from Gosford Boat Ramp to Woy Woy for 35km.

48km run starts 5:00am

35km run starts 5:30am

Runners finish 10:00am to 2:00pm

**Sunday, 4 February 2018**

**Megalong Mega (36km)**

DETAILS TO BE CONFIRMED.

**Sunday, 11 February 2018**

**The Orchard (13km/21km/32km) [MTB-suitable]**

[Google Map](#) [GarminConnect GPX](#)

Self-drive/carpool to Palmdale Crematorium.

Run starts 6:00am

Runners finish 8:30am to 10:00am

# TROTTERS TRAIL RUNS/WALKS/MTB - 2018

**Sunday, 25 February 2018**

**Dubbo Gully** (12km/25km/30km) [MTB-suitable]

[Google Map](#) [GarminConnect GPX \(25km\)](#) [GarminConnect GPX \(30km\)](#) [Printable Map](#)

Self-drive/carpool to Mangrove Mt (end of bitumen at northern end on Waratah Road)

Run starts 6:30am

Runners finish 9:00am to 11:00am

**Sunday, 25 March 2018**

**Somersby/Mooney Creek to Staples** (29km/13km) [possible MTB routes]

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#)

Self-drive/carpool to Staples Lookout then Bus to start.

Bus departs Staples Lookout at 6:30am. \$20pp (\$25pp non-Trotters)

Drop-off Somersby Store at 6:55am (29km run starts at 7:05am)

Drop-off Mooney Mooney Creek at Old Pacific Hwy bridge) at 7:30am (13km run/walk starts at 7:35am)

Runners/walkers finish 10:00am to noon

**Sunday, 29 April 2018**

**Congewai to Cedar Brush** (14km/17km/30km)

[Google Map](#) [GarminConnect GPX 14km](#) [GarminConnect GPX 17km](#) [GarminConnect GPX 30km](#)  
[Printable Map](#)

DETAILS TO BE CONFIRMED

Self-drive/carpool to Adcock Park, Gosford (first carpark) then Bus to start.

Bus departs Adcock Park at 6:00am. \$30pp (\$35pp non-Trotters)

Drop-off at Letter A (corner George Downes Drive and Brush Creek Road at 6:50am (14km/17km run/walk starts at 7:00am)

Drop-off at Congewai Trackhead at 8:00am (run starts at 8:10am)

Runners/walkers finish 11:00am to 2:30pm.

Bus returns to Adcock Park at 4:00pm

**Sunday, 6 May 2018**

**Kincumba Mountain Triple Trail Team Race**

A club trail race over the three loops - short, medium long. Trotters can enter as one, two or three-person teams splitting the three loops as they see fit.

DETAILS TO BE CONFIRMED

**Sunday, 27 May 2018**

**Killcare Loops** (8km/20km/28km/31km) OR POSSIBLE NEW RUN IN POPRAN NATIONAL PARK

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#)

Self-drive/carpool to Hardy's Bay Wharf at bottom of Killcare Rd hill.

Run starts 6:30am

Runners finish 8:00am to 12:30am

# TROTTERS TRAIL RUNS/WALKS/MTB - 2018

**Sunday, 1 July 2018**

**Wakefield to Congewai** (18km/28km/29km/40km) [possible MTB routes]

[Google Map](#) [GarminConnect GPX 18km](#) [GarminConnect GPX 28km](#) [GarminConnect GPX 29km](#)  
[GarminConnect GPX 40km](#) [Printable Map](#)

Self-drive/carpool to Adcock Park, Gosford (first carpark) or Tuggerah ("Bus Zone" on south side of Old Maitland (Wyong) Road just west of Cobbs Road intersection) then Bus to start.

Bus departs Adcock Park at 6:00am and Tuggerah at 6:20am. \$30pp (\$35pp non-Trotters)

Drop-off at Wakefield Trackhead at 7:05am (40km starts at 7:15am)

Drop-off at Heaton Gap Trackhead at 7:15am (15km walk and 28km/29km run starts at 7:25am)

Drop-off at Quorrobolong (end of bitumen on Heaton Road) at 7:55am (18km run/walk starts at 8:05am)

15km walkers finish at Teralba around noon and catch train from there back to Gosford

Remaining runners/walkers finish at Congewai from 10:30am to 3:00pm.

Bus returns to Tuggerah at 4:45pm and Adcock Park at 5:15pm

**Sunday, 15 July 2018**

**Gosford to Woy Woy** (10km/35km) [possible MTB routes]

DETAILS TO BE CONFIRMED.

**Saturday, 28 July 2018**

**Yarramalong to Somersby Night Run** (26km)

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#)

Self-drive/carpool to Somersby Store then Bus to start.

Bus departs Somersby Store at 5:20pm. \$20pp (\$25pp non-Trotters)

Drop-off at Yarramalong Store at 5:55pm (run starts at 6:05pm)

Runners/walkers finish 8:45pm to 11:30pm

**Sunday, 19 August 2018**

**The Orchard** (13km/21km/32km) [MTB-suitable]

[Google Map](#) [GarminConnect GPX](#)

Self-drive/carpool to Palmdale Crematorium.

Run starts 6:00am

Runners finish 8:30am to 10:00am

**Sunday, 30 September 2018**

**Wisemans to Mangrove Mt** (15km/21km/29km) [MTB-suitable]

[Google Map](#) [GarminConnect GPX 21km](#) [GarminConnect GPX 29km](#) [Printable Map](#)

Self-drive/carpool to Mangrove Mt (end of bitumen on Waratah Road)

Bus departs Mangrove Mt at 6:30am. \$20pp (\$25pp non-Trotters)

Drop-off at Sugee Bag Creek bridge on Oyster Shell Road at 7:10am (15km run/walk starts at 7:15am)

Drop-off at junction of Oyster Shell Road and Wisemans Ferry Road at 7:15am (21km run/walk starts at 7:20am)

Drop-off at Wisemans Ferry (Old Great North Road trackhead) at 8:00am (29km run starts at 8:10am)

Runners/walkers finish 11:15am to 2:30pm

# TROTTERS TRAIL RUNS/WALKS/MTB - 2018

**Sunday, 28 October 2018**

**Girrakool to Patonga (17km/25km)**

[Google Map](#) [GarminConnect GPX 17km](#) [GarminConnect GPX 25km](#) [Printable Map](#)

Self-drive/carpool to Patonga (picnic pavilion) or West Gosford (bus stop outside Coles shopping centre) then Bus to start.

Bus departs Patonga at 5:30am and West Gosford at 6:00am. \$20pp (\$25pp non-Trotters)

Drop-off at Girrakool at 6:10am (25km run starts at 6:20am)

Drop-off at Staples Lookout at 6:35am (17km run/walk starts at 6:45am)

Runners/walkers finish 8:45am to 11:30am

**Sunday, 11 November 2018**

**Wondabyne to Woy Woy (19km/21km/28km) OR POSSIBLE NEW RUN**

[Google Map](#) [GarminConnect GPX](#) [Printable Map](#)

Self-drive/carpool to The Boulevard, Woy Woy (adjacent to Ferry Wharf) and walk to Woy Woy Station.

Catch 6:23am train from Woy Woy Station using the last door of the last carriage and telling guard you need to disembark at Wondabyne Station.

Disembark at Wondabyne Station at 6:28am for all runs/walks. [TRAIN TIMES TO BE CONFIRMED]

Runners/walkers finish 11:00am to 12:30pm

**Sunday, 2 December 2018**

**Patonga-Little Wobby Loop (24km)**

[Google Map](#) [GarminConnect GPX](#)

Self-drive/carpool to Patonga (jetty).

Run starts 6:00am and requires swimming across Patonga Creek near end.

Runners finish 9:00am to 11:00am