

SUPER 7 RESULTS 2015/16 - ALL QUALIFIERS

Place	Name	Race	Time	AG Points	AG Points Ave	
1	Wayne Daley	1	Sydney10 10k	00:38:11	859.0	812.8
		2	Handicap TT	00:40:09	816.9	
		3	City to Surf	00:56:55	812.2	
		4	Lake Macquarie Half Marathon	01:27:46	811.2	
		5	CC 10k Track Mingara	00:41:03	799.0	
		6	Flat 10k Time Trial - Jun16	00:41:09	797.1	
		7	Sydney Harbour 10k	00:40:58	794.1	
2	Heiko Schaefer	1	Sun Hearld Summer Starter 10k	00:49:00	819.4	806.9
		2	Sydney Half Marathon	01:47:10	819.3	
		3	Central Coast 10k	00:49:02	818.8	
		4	Sydney10 10k	00:49:12	816.1	
		5	SMH Half Marathon	01:49:57	798.5	
		6	Hilly 10k Time Trial - Dec15	00:50:53	789.1	
		7	City to Surf	01:12:28	787.2	
3	Ian Temblett	1	Sydney Harbour 10k	00:39:09	790.5	762.1
		2	Flat 10k Time Trial - Jul15	00:39:43	779.3	
		3	Flat 10k Time Trial - Sep15	00:40:28	771.0	
		4	City to Surf	00:57:42	761.0	
		5	Lake Macquarie Half Marathon	01:30:33	752.3	
		6	CC 10k Track Mingara	00:41:45	747.3	
		7	Flat 10k Time Trial - Jan16	00:42:34	733.0	
4	Mark Dunlop	1	Macleay River 10k	00:37:28	769.6	755.0
		2	Flat 10k Time Trial - Jun16	00:38:01	758.4	
		3	Handicap TT	00:38:09	755.8	
		4	City to Surf	00:53:55	751.8	
		5	Hilly 10k Time Trial - May16	00:38:23	751.2	
		6	Flat 10k Time Trial - Jul15	00:38:06	751.1	
		7	SMH Half Marathon	01:23:52	747.4	
5	Charlie Brooks	1	City to Surf	00:49:01	781.0	748.5
		2	Sydney Harbour 10k	00:35:03	766.5	
		3	Sydney10 10k	00:35:03	766.0	
		4	CC 10k Track Mingara	00:36:07	743.4	
		5	Macleay River Half Marathon	01:20:53	732.1	
		6	Flat 10k Time Trial - Sep15	00:37:00	725.7	
		7	Hilly 10k Time Trial - Feb16	00:37:02	725.0	
6	Melissa Robertson	1	Six Foot Track Marathon	04:31:32	770.8	716.4
		2	CC 10k Track Mingara	00:40:46	749.0	
		3	Hilly 10k Time Trial - Oct15	00:42:35	717.0	
		4	Central Coast Half Marathon	01:32:26	716.9	
		5	Hilly 10k Time Trial - Feb15	00:42:41	715.3	
		6	Handicap TT	00:42:46	714.0	
		7	Flat 10k Time Trial - Jan16	00:48:21	631.5	
7	Steve Guest	1	Lake Macquarie Half Marathon	01:32:19	744.4	713.0
		2	Flat 10k Time Trial - Sep15	00:42:27	740.9	
		3	Sydney Half Marathon	01:33:00	738.9	
		4	Hilly 10k Time Trial - Aug15	00:43:14	727.4	
		5	Flat 10k Time Trial - Mar16	00:43:49	717.8	
		6	Hilly 10k Time Trial - May16	00:44:14	711.0	
		7	Melbourne Marathon	03:54:44	610.5	

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8	Katy McCaig	1 City to Surf	00:58:34	747.2	710.9
		2 CC 10k Track Mingara	00:42:04	733.4	
		3 Six Foot Track Marathon	04:56:43	722.5	
		4 Flat 10k Time Trial - Jul15	00:42:58	718.0	
		5 Hilly 10k Time Trial - Oct15	00:43:32	708.7	
		6 Flat 10k Time Trial - Jan16	00:44:46	692.5	
		7 Hilly 10k Time Trial - Feb16	00:47:24	654.0	
9	Chris Fuchs	1 Six Foot Track Marathon	04:17:18	737.1	685.2
		2 Flat 10k Time Trial - Jan16	00:36:53	733.8	
		3 CC 10k Track Mingara	00:37:03	730.5	
		4 Hilly 10k Time Trial - Feb16	00:37:06	729.6	
		5 Flat 10k Time Trial - Nov15	00:37:20	725.0	
		6 Hilly 10k Time Trial - Dec15	00:37:48	716.0	
		7 City to Surf	01:30:27	424.6	
10	Skye Sadler	1 Flat 10k Time Trial - Mar16	00:44:30	682.4	670.1
		2 Sydney Harbour 10k	00:44:50	677.0	
		3 Flat 10k Time Trial - Jan16	00:44:56	675.8	
		4 Hilly 10k Time Trial - Feb16	00:44:58	675.3	
		5 Gold Coast 10k	00:45:49	662.4	
		6 Central Coast 10k	00:45:53	661.8	
		7 Flat 10k Time Trial - Sep15	00:46:17	656.1	
11	Kerry Hope	1 Sydney Harbour 10k	00:45:55	686.8	661.7
		2 Six Foot Track Marathon	05:29:09	677.1	
		3 Sydney10 10k	00:46:56	676.8	
		4 Macleay River 10k	00:48:42	652.3	
		5 Flat 10k Time Trial - Nov15	00:49:00	648.3	
		6 Hilly 10k Time Trial - Oct15	00:48:52	645.3	
		7 Hilly 10k Time Trial - Aug15	00:48:52	645.3	
12	Joann Litterick	1 City to Surf	01:18:19	646.1	653.0
		2 Flat 10k Time Trial - Sep15	00:53:46	663.7	
		3 Hilly 10k Time Trial - Oct15	00:57:27	621.1	
		4 Hilly 10k Time Trial - Dec15	00:57:39	619.0	
		5 SMH Half Marathon	02:01:40	644.8	
		6 Hilly 10k Time Trial - May16	00:52:43	685.7	
		7 Woodford to Glenbrook 25k	02:17:13	690.3	
13	Matt Robertson	1 Gold Coast Half Marathon	01:29:22	662.6	633.1
		2 Flat 10k Time Trial - Jun16	00:42:07	642.7	
		3 Handicap TT	00:42:15	640.6	
		4 Central Coast Half Marathon	01:32:31	640.2	
		5 Hilly 10k Time Trial - Feb16	00:43:03	628.7	
		6 Hilly 10k Time Trial - Aug15	00:44:00	615.2	
		7 Six Foot Track Marathon	05:15:11	601.7	
14	Les Lowe	1 Flat 10k Time Trial - Sep15	00:51:24	638.1	621.6
		2 Flat 10k Time Trial - Jun16	00:52:30	630.5	
		3 Central Coast Half Marathon	01:54:17	628.7	
		4 City to Surf	01:15:30	617.7	
		5 Hilly 10k Time Trial - Aug16	00:53:19	615.2	
		6 Flat 10k Time Trial - Jul15	00:53:34	612.3	
		7 Woodford to Glenbrook 25k	02:22:31	608.9	

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Place	Name	Race	Time	AG Points	AG Points Ave
15	Mark Andrews	1 Flat 10k Time Trial - Jun16	00:44:57	614.0	585.6
		2 Flat 10k Time Trial - Mar16	00:46:16	596.5	
		3 Woodford to Glenbrook 25k	02:00:15	595.7	
		4 Hilly 10k Time Trial - May16	00:46:28	594.0	
		5 SMH Half Marathon	01:42:53	582.7	
		6 Hilly 10k Time Trial - Feb16	00:48:34	568.3	
		7 Six Foot Track Marathon	05:46:36	547.7	
16	Adam Couchman	1 Flat 10k Time Trial - Jul15	00:54:44	511.6	488.7
		2 Hilly 10k Time Trial - Oct15	00:54:49	510.8	
		3 Flat 10k Time Trial - Sep15	00:55:04	508.5	
		4 Flat 10k Time Trial - Nov15	00:57:27	487.4	
		5 Sydney10 10k	00:59:01	477.8	
		6 Sydney Half Marathon	02:10:25	465.7	
		7 Woodford to Glenbrook 25k	02:39:08	459.3	